



# Transcripts

## Track 1

Intro

-Nice to meet you, Sandy.

-Nice to meet you too.

## Track 2

Label the pictures 1-6 using the words in the box. Listen and check your answers.

1. Good Morning
2. Good Night
3. Good Bye
4. Hello
5. Good Evening
6. Good Afternoon

B

-Mom, this is Sandy. She is my friend.

-Hello, Sandy. I'm Alicia.

-Nice to meet you, Alicia.

Nice to meet you too.

C

-Good morning, Sandy. How are you?

-Fine, thanks. How about you?

-I am very well. Thank you.

## Track 3

Listen and repeat.

The alphabet

- |   |   |   |   |   |   |
|---|---|---|---|---|---|
| a | f | k | p | u | z |
| b | g | l | q | v |   |
| c | h | m | r | w |   |
| d | i | n | s | x |   |
| e | j | o | t | y |   |

## Track 6

Label the pictures 1-12 using the words in the box. Listen and check your answers.

1. China
2. France
3. Japan
4. Italy
5. Canada
6. Brazil
7. England
8. Spain
9. Mexico
10. USA
11. Germany
12. Russia

## Track 4

Listen and repeat.

Numbers

- |    |              |    |              |    |          |
|----|--------------|----|--------------|----|----------|
| 0  | Zero         |    |              |    |          |
| 1  | One          | 6  | Six          | 11 | Eleven   |
|    |              | 16 | Sixteen      |    |          |
| 21 | Twenty-one   | 26 | Twenty-six   |    |          |
| 2  | Two          | 7  | Seven        | 12 | Twelve   |
|    |              | 17 | Seventeen    |    |          |
| 22 | Twenty-two   | 27 | Twenty-seven |    |          |
| 3  | Three        | 8  | Eight        | 13 | Thirteen |
|    |              | 18 | Eighteen     |    |          |
| 23 | Twenty-three | 28 | Twenty-eight |    |          |
| 4  | Four         | 9  | Nine         | 14 | Fourteen |
|    |              | 19 | Nineteen     |    |          |
| 24 | Twenty-four  | 29 | Twenty-nine  |    |          |
| 5  | Five         | 10 | Ten          | 15 | Fifteen  |
|    |              | 20 | Twenty       |    |          |
| 25 | Twenty-five  | 30 | Thirty       |    |          |

## Track 7

Listen and complete the dialogues with the correct form of the verb to be. Then practice with a partner.

1

A Are you Japanese?

B No, I am not. I am Canadian. But my parents are Japanese.

A Oh. I see.

2

A Are you from this city?

B No, we aren't. We are here on vacation.

A Cool. Where are you from?

B Well. He is from Germany and I am from Spain.

## Track 5

Listen to the conversation and complete the missing information. Then practice and create your own conversation with a partner.

Introductions

A

-Hi. My name is Mark. What's your name?

-Hi, Mark. My name is Sandy.

3

A Where are you from?

B I am from Rome.

A Is that in France?

B No, it is not. It's in Italy.

### Track 8

Listen and repeat.

Months of the Year

January

February

March

April

May

June

July

August

September

October

November

December

Ordinal Numbers

1st first

2nd second

3rd third

4th fourth

5th fifth

6th sixth

7th seventh

8th eighth

9th ninth

10th tenth

11th eleventh

12th twelfth

13th thirteenth

14th fourteenth

15th fifteenth

16th sixteenth

17th seventeenth

18th eighteenth

19th nineteenth

20th twentieth

21st twenty-first

22nd twenty-second

23rd twenty-third

24th twenty-fourth

25th twenty-fifth

26th twenty-sixth

27th twenty-seventh

28th twenty-eighth

29th twenty-ninth

30th thirtieth

31st thirty-first

### Track 9

Listen to the conversation and complete it with the missing information.

Natalie: Today is my mom's birthday.

Sam: Really?

Natalie: Yes. By the way, when is your mother's birthday?

Sam: Her birthday is on July 4th.

Natalie: And your brother's?

Sam: His birthday is on June 20th. And what about your twin sisters, Nat?

Natalie: Their birthday is on January 21st.

Sam: Really? Cool. Mine too.

### Track 10

Complete the family tree with the words from the box. Listen and check your answers.

This is my family. My mother is Jean, my father is George. I have one brother and one sister. My sister is Alexa and my brother is Marvin. I love my grandparents. My favorite is my grandpa, his name is Philip. My grandmother is Janeth. My uncle is Charles, he is married to Jenny, she is my aunt. The name of my only cousin is Sammy.

### Track 11

Match 1-6 to a-f. Listen and check your answers.

1. tall - short
2. young - old
3. rich - poor
4. strong - weak
5. beautiful - ugly
6. fast - slow

### Track 12

Listen and complete the descriptions.

1. My grandpa's name is Philip. He is 77 years old. He is a doctor. He is very old.
2. My sister's name is Alexa. She is seven years old. She is very intelligent. She is an excellent student.
3. My uncle's name is Charles. But we call him Charly. He is 55 years old. He's very tall and strong.
4. My mom's name is Jean. She is 40 years old. She is very beautiful. She is a teacher. Tomorrow is my mother's birthday.

### AUGMENTED REALITY

Teacher: Hi, guys. This morning we have two new classmates. They are Brian and Samantha. They come from a high school in Mexico City. Let's pay attention to what they have to say.

Bryan: Hi. My name is Brian. I am 15 years old. I am from Mexico city. I like to play soccer and watch TV. Nice to meet you.

Samantha: Hi, guys. My name is Samantha. I also come from Mexico city. I am 16 years old. I have a sister. My sister is 18 years old. My hobby is reading books. Nice to meet you.

Raul: Nice to meet you, guys. Welcome to the class. My name is Raul and I am the class leader. I am 15 years old. I come from Veracruz. If you have any question, I can help you.

### Track 13

Label the pictures 1-12 using the words in the box. Listen and check your answers.

1. study
2. get dressed
3. go home
4. go to bed
5. have breakfast
6. go to school
7. take a shower
8. do homework
9. get up
10. work
11. exercise
12. brush your teeth

### Track 14

Listen and repeat.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

### Track 15

Listen and complete the text with the correct day of the week.

A Busy Family

We are a very busy family. From Monday to Friday, we exercise. We love sports. We don't do any kind of exercise on Sunday. On Saturday, we clean the house together. On Thursday, we visit our grandparents. On Tuesday, my mother and my sister take piano lessons. My father and I don't play any instrument. On Wednesday, we go to the Movie Theater.

### Track 16

Label the pictures 1-12 using the words in the box. Listen and check your answers.

1. housekeeper
2. architect
3. singer
4. mechanic
5. dentist
6. teacher
7. policeman
8. butcher
9. taxi driver
10. vet
11. cook
12. baker

### Track 17

Label pictures 1-8 with the correct word from the box.

1. teach
2. build
3. clean
4. sing
5. bake
6. fix
7. cook
8. drive

### Track 18

Listen to Tina and Dylan talking about their jobs. Write T for Tina or D for Dylan on the line.

My name is Tanya, I am a housekeeper. My job is hard but I enjoy it a lot. My working day starts at 7 a.m. and finishes at 5 p.m. I work for Ms. Newman, I mostly clean and cook. The only thing that I don't like about my job is that sometimes I have to take care of her three children and to be honest I don't like it that much.

Hi. My name is Dylan, I am a teacher. I really like my job. I plan, teach, and play in every lesson. I work from 9 am to 1 pm in a kinder Garten that is close to my house. The only thing that

I don't enjoy is that I don't have enough time to eat lunch with my students.

### Track 19

Label the pictures 1-8 using the words in the box. Listen and check your answers.

1. go to the gym
2. read a book
3. go to a concert
4. Listen to music

5. take a taxi
6. play video games
7. watch TV
8. go shopping

### Track 20

Label pictures 1-7 with the correct word from the box.

1. person
2. man
3. children
4. men
5. child
6. women
7. woman
8. people

### Track 21

Listen to Hiromi's routine and write T for True and F for False.

Hiromi Shashi is a Japanese girl who lives in Spain. She is top of her class. She wakes up at 5 a.m. every day. She does exercise for an hour, then she goes to school and starts classes at 7 a.m. All her classes are in Spanish and English; she is not really good at speaking Spanish, but she does her best. She takes about 6 classes a day; that is why she leaves school at 5 p.m. She gets home, takes a shower and has dinner. Then she does homework and watches her favorite TV program. She goes to bed after 11 p.m.

### Track 22

Label the pictures 1-12 using the words in the box. Listen and check your answers.

1. stationery store
2. ice-cream shop
3. restaurant
4. drugstore
5. church
6. convenience store
7. bookstore
8. Café
9. park
10. supermarket
11. mall
12. department store

### Track 23

Label pictures 1-8 with the correct word from the box.

1. bus
2. boat
3. motorcycle

4. truck
5. bicycle
6. car
7. subway
8. plane

### Track 24

Listen to the instructions and draw the object in the correct position.

0. Your shoes are under your bed.
1. Your cell phone is in your backpack.
2. Your glasses are in front of the lamp.
3. Your keys are next to the computer.
4. Your English book is on your desk.
5. Your remote control is between the lamp and the book.

### AUGMENTED REALITY

Welcome to Guadalajara. My name is Alejandro Fernández. Today I'm gonna be showing you some of the most important places in the city. I am from Monterrey, but I have lived here most of my life. Let's start. If you are the kind of tourist who is seeking culture, you will find the Cultural Institute Cabañas totally breathtaking. In this museum you will see some of the most important murals of Mexican painter José Clemente Orozco. Some blocks away from the museum, there is the Main Cathedral of Guadalajara. If you like it, you can also visit other churches in the city. When you get hungry, you definitely have to try the *tortas ahogadas*, they are *tortas* filled with fried meat and soaked in a red sauce, they are the typical food of Guadalajara. At night there are two activities you can do, the first is to party on Chapultepec Avenue, there are hundreds of places where you can have fun with friends. The second thing would be listening to *Mariachis* in the traditional Plaza de los Mariachis. It is my favorite place in the city.

### Track 25

Label the pictures 1-8 using the words in the box. Listen and check your answers.

1. mop the floor
2. do the laundry
3. water the plants
4. wash the car
5. sweep the floor
6. feed your pet
7. make your bed
8. wash the dishes

### Track 26

Label the pictures 1-8 to the words in the box. Listen and check your answers.

1. yard
2. dining room

3. garage
4. garden
5. living room
6. kitchen
7. bathroom
8. bedroom

### Track 27

Listen to the description and write T for True and F for False.

This is my house. There are six people in my family, my grandparents, my parents, my brother and me. At this moment, my grandparents are watching their favorite TV program. My mom and my dad are talking and eating something in the kitchen. My brother is usually playing videogames, but today he is reading a book in the studio. And I am in my bedroom playing with my teddy bear.

### Track 28

Label the pictures 1-8 using the words in the box. Listen and check your answers.

1. rainy
2. hot
3. windy
4. cold
5. snowy
6. sunny
7. stormy
8. cloudy

### Track 29

Listen to the conversation and complete the missing information with the words from the box.

Fer: Hi!

Jen: Hi, Fer! Where are you?

Fer: We are camping in the mountains.

Jen: Really? How come? The weather is too cold, and it is snowing.

Fer: I know, but we set the tent next to a river and made a bonfire.

Jen: That sounds great! And what are you doing?

Fer: I am drinking a hot tea and reading a book.

Jen: Is your sister with you?

Fer: No. She is making a snowman with my little brother.

Jen: What about your parents?

Fer: They are cooking, we are all hungry.

Jen: Well. Have fun. I'll call you later.

### Track 30

Label the pictures 1-9 using the words in the box. Listen and check your answers.

1. dancing

2. drawing
3. reading books
4. doing crafts
5. watch TV series
6. taking photos
7. playing board games
8. planting trees
9. taking a nap

### Track 31

Listen and repeat.

- 1 one
- 2 two
- 3 three
- 4 four
- 5 five
- 6 six
- 7 seven
- 8 eight
- 9 nine
- 10 ten
- 11 eleven
- 12 twelve
- 13 thirteen
- 14 fourteen
- 15 fifteen
- 16 sixteen
- 17 seventeen
- 18 eighteen
- 19 nineteen
- 20 twenty
- 21 twenty-one
- 22 twenty-two
- 23 twenty-three
- 24 twenty-four
- 25 twenty-five
- 30 thirty
- 35 thirty-five
- 40 forty
- 45 forty-five
- 50 fifty
- 55 fifty-five
- 60 sixty
- 65 sixty-five
- 70 seventy
- 75 seventy-five
- 80 eighty

- 85 eighty-five
- 90 ninety
- 95 ninety-five
- 100 one hundred

### Track 32

Listen and complete the text using the words in the box.

What is the jet lag effect?

Melany and Tony love going to Europe in summer. They've done it many times. They live in Colombia. It means they have to fly more than ten hours to get to London. When in London, they usually have headache and feel tired. Do you why that happens?

Traveling to other countries is always an exciting and satisfying experience. However, going on long flights from the traveler's city to their destination can result in jet lag. The jet lag effect is a physical condition that causes people to feel bad for some days until their body adapts to the time of their destination.

The reason why Melany and Tony don't feel well the firsts days in England is because when they take their flight at 8:00 am, they get to England at 12:00 am. The difference in hours is what makes them feel bad. So next time your travel, consider the hours difference.

### Track 33

Label the pictures 1-9 using the words in the box. Listen and check your answers.

1. tennis
2. karate
3. soccer
4. football
5. volleyball
6. baseball
7. swimming
8. gymnastics
9. basketball

### Track 34

Listen and answer a, b, or c.

Teen Summer Camp

Canada offers various opportunities for students to enjoy during the summer. Young people can attend a traditional summer camp in Quebec from June to August. The camp receives students from all over the world, especially from Mexico, USA, and Brazil. If you're a foreign visitor, it is important that you speak basic English since all the activities are in this language.

In the camp there are mainly three types of activities:

1. Sports: you can play football, soccer, and basketball. All the teachers are former professional players.
2. Arts: you can paint, draw, and do crafts with local materials
3. Languages: as English and French are the official languages of

Canada, you will have the chance to take an 8-week French course. Try a summer camp in Canada, it is definitely a life experience.

### AUGMENTED REALITY

Good morning, Mexico. I am Celine Saint, welcome to the weather report. It seems we're gonna have tough weather these days in most of the Mexican Republic.

We will start today with the State of Mexico and the Capital City. They will be particularly cloudy and there are possibilities of rain during the afternoon and evening. Take an umbrella and a warm jacket.

Moving to the west of Mexico, winds will be 50 kilometers per hour, which is a sign of stormy conditions. The Pacific coast will hold stormy days that will last for a week. Cities like Guadalajara and Morelia may be affected by the rain.

Temperatures in the North will be low. We are expecting cold and cloudy days in cities like Monterrey and Saltillo. People in Durango, take out your best jackets because there is a probability of snow.

As for the south part of the country, it is very likely to be sunny and clear. Temperatures will go from 35-40 degrees during the day. Wear light clothes and put on sunblock.

That's all for today, thanks for watching.

### Track 35

Label the pictures 1-6 using the words in the box. Listen and check your answers.

1. bakery
2. dairy
3. grocery store
4. café
5. butcher's
6. farmer's market

### Track 36

Label the pictures 1-12 to the words in the box. Listen and check your answers.

1. butter
2. bread
3. lemonade
4. cheese
5. vegetables
6. steak
7. tea
8. sugar
9. fruits
10. ribs
11. salt
12. cake

### Track 37

Listen to the conversation between Will and Sahara. Complete the missing information with the words from the box. Then practice the conversation with a partner.

The Perfect Neighborhood

Sahara: I really like (0) this neighborhood.

Will: Yeah! It is a great place to live.

Sahara: I love the stores and the restaurants.

Will: Me too. There are many specialty stores, we don't need to go to the supermarket.

Sahara: I know. The bakery is great. The bread and cakes are excellent.

Will: Let's get something to eat.

Sahara: Great idea!

### Track 38

Label the pictures 1-16 using the words in the box. Listen and check your answers.

1. beans
2. water
3. cookies
4. ketchup
5. mayonnaise
6. ham
7. rice
8. soda
9. cereal
10. juice
11. flour
12. eggs
13. tuna
14. chocolate
15. jam
16. milk

### Track 39

Listen to the conversation between Camille and her mom and complete the shopping list.

Mom: Camille, can you help me write the shopping list, please?

Camille: Yes, mom. I am ready.

Mom: Ok. Let's see. We will need two loafs of white bread. Write down... two boxes of cereal, one for you and one for your brother. We need five cartons of milk and...

Camille: Wait, how many?

Mom: Five cartons of milk and two cartons of juice.

Camille: Why so many?

Mom: Because you drink a lot of milk.

Camille: Ok. What else, mom?

Mom: A jar of strawberry jam, and a package of ham.

Camille: What about cookies and maybe some candy?

Mom: Ok. One box of cookies and 5 bars of chocolate.

### Track 40

Label the pictures 1-16 using the words in the box. Listen and check your answers.

1. cucumber
2. mushrooms
3. apple
4. carrot
5. orange
6. grapes
7. strawberries
8. potato
9. pineapple
10. lettuce
11. corn
12. onion
13. lemon
14. avocado
15. pear
16. pumpkin

### Track 41

Listen and complete the missing information with the words from the box.

To eat or not to eat

a. Vegan

A vegan person does not eat animal products, that includes meat, chicken, fish, eggs, milk, cheese, butter, yogurt or honey. A vegan diet es based on plants, fruits, vegetables, nuts, seeds, and sometimes meat substitutes.

b. Meat eaters

Most people are meat eaters. They eat all kinds of meat, chicken, seafood, and dairy products. Their diet also includes fruits, vegetables, seeds, and grains. There are definitely less restrictions when it comes to choosing what or where to eat.

c. Vegetarian

a vegetarian as well as a vegan does not eat, chicken or fish; however, they consume eggs, cheese, milk, and honey. They can also eat meat substitutes. Their diet is not as strict as that of a vegan, they have more food options to choose.

### Track 42

Label the pictures 1-9 using the words in the box. Listen and check your answers.

1. roasted chicken
2. fried fish
3. pineapple pie
4. orange juice
5. potato chips
6. French fries
7. mushroom omelet
8. caramel popcorn
9. vanilla ice-cream

### Track 43

Listen to the conversation between Leo, Mina and the server. Practice the conversation with a partner.

At the Restaurant

Server: Are you ready to order?

Leo: Not yet. Can you give us a moment, please?

Server: Yes, of course.

Leo: Excuse me. We are ready to order now.

Server: Ok

Mina: Can I have a sandwich and an apple soda?

Server: An apple soda?

Mina: Yes, please.

Leo: And I will have a hamburger and a chocolate milkshake.

Server: A chicken or a beef hamburger?

Leo: Chicken, please.

### AUGMENTED REALITY

Vanessa: Tell me Michael. How was your last trip to Europe? Where did you go?

Michael: Amazing. I first visited England and I tried the famous fish and chips while I was in London. It was OK. In France, I had butter croissants. I had six of them on a sitting.

Vanessa: You ate six?

Michael: Yeah. They are so delicious; I just couldn't resist. Then in Spain, I ate Paella Valenciana. It is a traditional dish in all the country. In Rome, I tried Pizza. Italy has the best pizzas in the whole world, my favorite is Margherita Pizza. Last but not least, in Belgium I had these fluffy waffles. They taste so good that you don't need to put anything on them. But what about you? How was your trip to Asia?

Vanessa: Well... I just visited three countries, ... Japan, China, and Korea. In Japan I obviously ate sushi rolls. They don't taste like the ones we have in America. They are way better. Then in China, I tried the traditional dumplings.

Michael: What are those?

Vanessa: They are like little sacks filled with meat and vegetables. They are so tasty. In Korea I ate home-made kimchi. Everyone eats Kimchi in Korea. It is a cabbage that is fermented with other ingredients. It is spicy and fresh at the same time.

Michael: That sounds yummy, next time I have to go with you to Asia.

Vanessa: You know what? I think we should go to Mexico. People say that Mexican food is the best in the whole world.

Michael: That's a great idea.

