

## MODULE 1

### FORMATIVE PURPOSE:

Introduces himself/herself and introduces other people in different social and cultural contexts.

## BE ACTIVE, BE HEALTHY!

**Purpose:** This project will allow you to showcase your creativity and understanding of healthy habits while practicing your English skills! Create a colorful and informative poster promoting a healthy habit. Use the verb "to be" (am, is, are) in its affirmative form. Utilize personal pronouns (I, you, he, she, it, we, they) to present information. Present your poster to the class and explain the importance of the healthy habit you chose.

**Materials:** Poster board or large sheet of paper Markers, crayons, colored pencils, or other art supplies Magazines or newspapers (optional) Scissors and glue (optional)

### Instructions:

1.- Choose 5 Healthy Habits: Brainstorm a list of healthy habits you practice or would like to encourage others to adopt. Examples include eating fruits and vegetables, getting enough sleep, staying hydrated, exercising regularly, or spending time outdoors.

2.- Plan Your Poster: Sketch a rough design on a separate piece of paper. Consider including:

- A catchy title: Make it clear what healthy habit your poster is promoting.
- Eye-catching visuals: Use images, illustrations, or drawings to grab attention. You can also use cut-outs from magazines or newspapers (optional).- Informative text: Use clear and concise sentences that incorporate the verb "to be" and personal pronouns to explain the benefits of your chosen habit. For example: "Exercise is good for your heart."

3.- Create Your Poster: Transfer your design to your poster board and use colorful visuals and creative fonts to make it visually appealing.

4.- Practice Your Presentation: Prepare a short presentation (1 minute) to explain your poster to the class. Talk about the healthy habits you chose and why they are important.

Use large and clear fonts that are easy to read from a distance.

Practice your presentation beforehand to feel confident. Speak clearly and loudly and make eye contact with your audience.

Have fun creating your poster and sharing your knowledge about healthy habits!

5.- Use the following rubric to check your poster!

## FORMATIVE EVALUATION CHECKLIST

| Criteria                | Excellent<br>(4 points)                                                                                                                                       | Good<br>(3 points)                                                                                                       | Satisfactory<br>(12 points)                                                                                        | Needs<br>improvement<br>(1 point)                                                                             |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| <b>Poster design</b>    | Poster is visually appealing, well-organized, and includes eyecatching visuals                                                                                | Poster is clear and reasonably well-organized.                                                                           | Poster is somewhat organized but lacks visual appeal.                                                              | Poster is poorly organized and lacks visual appeal.                                                           |
| <b>Content Accuracy</b> | Information about the healthy habits is accurate and complete. Sentences use the verb "to be" (am, is, are) correctly. Personal pronouns are used accurately. | Information is mostly accurate and sentences mostly use verb "to be" and pronouns correctly.                             | Information has some inaccuracies and some sentences have errors in verb "to be" or pronoun usage.                 | Information is inaccurate or incomplete and sentences frequently have errors in verb "to be" or pronoun usage |
| <b>Presentation</b>     | Presentation is clear, engaging, and informative. Explains the importance of the healthy habit and the content of the poster effectively.                     | Presentation is mostly clear and informative. Explains the healthy habit and content of the poster somewhat effectively. | Presentation is unclear or difficult to follow. Explanation of the healthy habit and content of the poster is weak | Presentation is poorly delivered and lacks explanation of the healthy habit or content of the poster.         |