



TRANSCRIPTS LEVEL 3

Track 2 -

Match the words with the pictures. Listen and check your answers.

1. play
2. study
3. talk
4. wash
5. brush
6. exercise
7. listen
8. cook
9. use
10. shower

Track 3

Listen to the conversation and fill in the blanks with the verbs you hear. Then listen again and check your answers.

Leo: Hi, Maria! You look really tired today.

Maria: I am! Yesterday was a very busy day for me. I started my morning at 6:00 AM.

Leo: Wow, that is early! What did you do?

Maria: First, I brushed my teeth and washed my face. Then, I walked to the park near my house and exercised for thirty minutes.

Leo: Did you cook breakfast after your walk?

Maria: Yes, I cooked eggs in the kitchen. After breakfast, I cleaned my bedroom because it was a mess.

Leo: I stayed at home all morning. I studied for our math exam on my laptop. Did you study too?

Maria: No, I visited my grandmother. We talked for two hours and listened to the radio. In the evening, I finished my homework and watched a movie.

Leo: Well, at least you finished everything! I played video games and waited until the last minute to start my work.

Maria: Oh no, Leo! You should start earlier next time.

Track 4

Read the text. Underline the words that you don't know.

Sarah's Busy Saturday

Yesterday was Saturday, and Sarah stayed at home. She started her day at 8:00 AM. First, she brushed her teeth and washed her face in the bathroom.

In the morning, she cleaned the kitchen and dusted the shelves in the living room. After that, she exercised for twenty minutes. At noon, she cooked a healthy lunch.

In the afternoon, Sarah walked to the park. She played with her dog and talked to her friend, Marco, for a long time. They chatted about their school projects.

In the evening, she returned home. She studied English on her laptop for one hour. Finally, she watched a movie and rested on the sofa. She finished her day at 10:00 PM and jumped into bed. She was tired but happy!

Track 5

Match the words with the pictures. Listen and check your answers.

1. wake up
2. teach
3. do the laundry
4. have breakfast
5. take a shower
6. go to school
7. see a movie
8. get dressed

Track 6

Read the following text. Then answer the False/True questions.

The Trip to the Coast

Last Sunday, my friends and I took the train to the coast. We woke up at 6:00 AM and bought our tickets at the station. We were very excited, but the weather was not good. When we got to the beach, it began to rain heavily, so we found a small café near the water.

We sat inside for three hours. I drank a hot coffee and my friends ate some local cake. We spoke about our school projects and told funny stories. Later, the sun came out, so we went for a walk on the sand. I saw a beautiful sunset and took many photos with my phone. We felt tired at the end of the day, so we caught the late train home. We did not swim in the ocean, but we had a wonderful time together!

Track 7

Listen to Marco's story and decide if the statements are True or False.

Last Saturday was great because I finally had some time for myself. I woke up late, around 10:00 AM, and I felt very refreshed. First, I made a big bowl of fruit and drank some green tea.

After breakfast, I went to the park. I saw many people exercising, but I sat under a tree and read my book for two hours. It was so peaceful! Around 1:00 PM, I got hungry, so I found a small Italian café nearby. I ate a delicious pasta dish and spent the afternoon walking around the neighborhood.

In the evening, I met my brother at the cinema. We saw a funny movie and we laughed a lot. After the movie, he gave me a ride home. I came inside, wrote a quick entry in my journal, and went to sleep early. I did not do any work, so I was very happy."

Track 8

Match the words with the pictures. Listen and check your answers.

1. run
2. write
3. swim
4. read
5. watch
6. play
7. paint
8. smile

Track 9

Here is a short story with missing pieces. Use the connectors we discussed (then, after that, later, suddenly) to fill in the blanks.

An Unexpected Camping Trip

I arrived at the campsite and set up my tent. First, I started a small fire to cook some hot dogs for dinner. It was a peaceful evening, and the stars were beautiful.

Then, about three hours into the night, I heard a loud snap of a branch behind me. Suddenly, a large raccoon jumped out of the bushes and stole my bag of marshmallows!

I tried to chase it, but it was too fast. I decided to give up and go to sleep. After that, I woke up the next morning to find my marshmallows scattered all over the grass. It wasn't the perfect night, but it was certainly an adventure.

Track 10

Listen to the dialogue and answer the questions.

Anna: Hi, Tom! How was your day yesterday?

Tom: Hi, Anna! It was very busy. I woke up at 6 a.m.

Anna: Wow! What did you do after that?

Tom: I ate breakfast and I went to work.

Anna: Did you work all day?

Tom: Yes, I worked until 5 p.m. Then I visited my friend Carlos.

Anna: Nice! What did you do together?

Tom: We watched a movie and we talked for hours.

Anna: Did you have dinner together?

Tom: Yes, we cooked pasta and we ate at his house.

Anna: That sounds great! Did you go home late?

Tom: Yes, I arrived home at 11 p.m. and I went to bed immediately

Track 11

Match the words with the pictures. Listen and check your answers.

1. English
2. art
3. cafeteria
4. laboratory
5. library
6. math
7. science
8. classroom

Track 12

Listen and fill in the blanks with the words that you hear.

Yesterday, I had a busy day at school. I arrived at school at 7:30 a.m. and I met my friends in the classroom. We talked for a few minutes before the teacher arrived.

First, we had a math class. The teacher explained the lesson and we solved some problems. I understood the lesson, but my friend didn't understand it very well. Then, we had an English class. We read a short story and answered some questions. I liked the story, but I didn't like the exercise because it was difficult.

Track 13

Listen and complete the answers. Then listen again and write the questions.

- A: Where did you go on holidays?
B: We went to a lake.
A: What did the farmer plant?
B: He planted a beautiful flower.
A: When did the class finish?
B: It finished at 3:00 PM.
A: Why did you cry?
B: Because I forgot my keys.
A: What did you see at the lake?
B: I saw a beautiful sunrise.

Track 14

Augmented Reality

Hello everyone, welcome to the pyramids! My name is Ana, and I am your guide today.

Yesterday, I arrived early to prepare the tour. I checked the area and talked to other guides. Everything was ready for you.

These pyramids are very old. People created them many years ago. The ancient people lived here and worked every day. They used stones and simple tools. They did not have machines.

Look at this big pyramid. It is the Pyramid of the Sun. The people built it a long time ago. They carried heavy stones and worked together. It was very difficult work.

Last week, I visited this place with another group. They walked up the pyramid and took many photos. They enjoyed the visit a lot.

In the past, people walked here for ceremonies. They believed in many gods. They made offerings and celebrated special days.

Now, you can walk around and explore. Please stay with the group and listen carefully.

Did you bring water? It is hot today.

Thank you for coming. I hope you enjoyed this visit!

Track 15

Match the words with the pictures. Listen and check your answers.

1. hospital
2. school
3. forest
4. library
5. mountain
6. beach
7. restaurant
8. lake

Track 16

Listen to the conversation and answer the questions. Then listen again and check your answers.

Leo: "Hi Sarah! Welcome to our school. Let me show you around. First, look at our classroom. There is a big whiteboard and there are ten desks for us. Over there, there is a bookshelf with many science books.

Now, look out the window. Our school is very green! There is a small lake behind this building, and there are many tall trees in the garden. There is also a playground where we play during recess.

Outside the school, the neighborhood is nice too. There is a public library across the street. In the central square, there are three beautiful fountains and there are many benches where people sit to read. Finally, there is a bus stop right in front of the main gate, so it's easy to get here!"

Track 17

Read the text. Underline the words that you don't know.

My city

My city is a very special place. In the center of the city, there is a large public square. In the middle of the square, there is a beautiful stone fountain, and around it, there are many benches where people relax and eat corn with chilly and mayonnaise. Near the square, there is a modern public library with thousands of books.

Behind the library, you can find the city's main school. Inside the classroom, there is a large whiteboard and there is a globe on the teacher's desk. There are twelve desks for the students and there are colorful posters about the solar system on the walls.

The school is famous for its nature. Outside, there is a huge garden. In the garden, there are fifty different types of flowers and there is a small pond with fish. Next to the school, there is a park where there are many pine trees. It is a perfect place for students to learn about the environment!

Track 18

Match the words with the pictures. Listen and check your answers.

1. fish
2. dairy
3. spices
4. berries
5. greens
6. grains
7. meat
8. nuts

Track 19

Listen and fill in the blanks with the correct adverb of frequency mentioned in the audio

Sarah: Morning, Mark! You look exhausted. Did you stay up late again?

Mark: Hey, Sarah. Honestly, I always stay up too late watching TV. I never get to bed before midnight, even though I tell myself I will.

Sarah: That explains it! I'm the opposite. I usually go to bed by 10:00 PM because I always wake up at 6:00 AM to go for a run.

Mark: A run at 6:00 AM? Wow. I seldom exercise in the morning. I'm just too tired. Do you cook breakfast every day, too?

Sarah: Not every day. I often have a smoothie or some fruit, but I sometimes make eggs if I have extra time. What about you?

Mark: I normally just grab a coffee on my way to the office. I rarely have time to sit down and eat breakfast at home.

Sarah: You should try to change that! I seldom feel productive if I skip breakfast.

Mark: You're probably right. I sometimes feel lightheaded by noon. Maybe I'll try your 6:00 AM routine... but probably never!

Track 20

Read the following text. Then answer the questions.

Leo's Balanced Life

Leo is a freelance graphic designer who works from home. Since he doesn't have an office to go to, he usually follows a strict schedule to stay productive.

He always starts his day with a glass of lemon water at 7:00 AM. He rarely hits the snooze button because he likes to see the sunrise. After his water, he frequently practices yoga for twenty minutes. He says it helps him focus.

During the work week, Leo normally sits at his desk by 9:00 AM. He seldom checks his personal emails during work hours, but he occasionally takes a short break to play with his cat, Luna. Because he works alone, he often feels a bit lonely, so he usually goes to a local coffee shop on Wednesday afternoons to work around other people.

In the evenings, Leo sometimes cooks a large dinner, but he seldom eats fast food. He is very health-conscious. Before bed, he always reads a book for at least thirty minutes. He never uses his phone in the bedroom because he wants to sleep well.

Track 21

Match the words with the pictures. Listen and check your answers.

1. Canada
2. South Korea
3. Germany
4. Brazil
5. Mexico
6. Portugal
7. USA
8. Argentina

Track 22

Read the text and complete the sentences with the correct words from the box.

The 2026 World Cup has many amazing stadiums. In Mexico, Estadio Azteca is older than many stadiums, but it is one of the most famous in the world. In the USA, MetLife Stadium is bigger than many other stadiums because it has more seats. In Canada, BC Place is smaller than MetLife Stadium, but it is more modern in some ways. Estadio Azteca is the most historic stadium, while MetLife Stadium is one of the largest. All three stadiums are important and exciting places for the World Cup 2026.

Track 23

Listen and fill in the blanks with the words mentioned in the audio.

Mexico national football team, Brazil national football team, and Germany national football team are very famous teams in World Cup history. Brazil is more successful than Mexico and Germany because it has more World Cup titles. Germany is stronger than many teams because it has won four World Cups. Mexico is less successful than Brazil and Germany, but it is one of the most consistent teams in the tournament. Brazil is the most successful team of the three, and Germany is one of the strongest. Mexico has the most passionate fans in many stadiums.

Track 24

Match the words with the pictures. Listen and check your answers.

1. study
2. participate
3. do the dishes
4. pay attention
5. dust
6. do homework
7. be on time
8. do the laundry

Track 25

Read the following text and answer the questions.

Responsibility in Our Community

In a well-ordered community, citizens have to follow specific laws to ensure safety for everyone. For example, drivers have to stop at red lights and carry a valid license at all times. These are written rules that we cannot ignore. However, being a good neighbor goes beyond just the law. We must be kind to others and help those in need because it is the right thing to do. These rules aren't written in a law book, but they are essential to have peace in our communities. On the other hand, there are clear prohibitions to keep our environment clean. You mustn't throw litter on the street or damage public property. While we have to obey the legal system, we must also listen to our conscience to build a better, more respectful society for everyone.

Track 26

Listen to the conversation and decide if the statements are True (T) or False (F). Then listen again and check your answers.

Sarah: Hi Tom! Are you ready for your first week here?

Tom: I think so, but I'm confused about some of the rules. For example, at school, do we have to wear a uniform?

Sarah: No, we don't have to wear a formal uniform, but we have to wear a school polo shirt on Mondays. The rest of the week, you can wear your own clothes.

Tom: Oh, that's not bad. And what about lunch?

Sarah: You don't have to buy lunch at the cafeteria if you don't want to. You can bring your own food from home.

Tom: Good to know. My parents are also asking about chores at home. My dad says I have to mow the lawn every Saturday.

Sarah: Wow, that's tough! In my house, I don't have to do the gardening, but I have to wash the dishes after dinner every night. It's a house rule.

Tom: I guess every family is different. Are there any community rules I should know about? Like at the local park?

Sarah: Yes! In the park, you have to keep your dog on a leash. However, you don't have to pay to use the tennis courts. They are free for everyone in the neighborhood.

Tom: That's great! Thanks, Sarah. This is very helpful!

Track 27

Augmented Reality

Hello everyone! Today, we are going to visit two places in the city: the park and the museum.

First, let's talk about the park.

There is a big park near the city center. There are many trees and flowers. There is a playground for children, and there are benches to sit and relax.

In the park, you can walk, you can run, and you can ride a bike. You can also have a picnic with your family. The park is bigger than the museum, and it is quieter. It is also greener.

Now, let's talk about the museum.

There is a modern museum next to the park. There are many interesting exhibits. There is a café inside, and there are restrooms for visitors.

In the museum, you can learn about history, you can see art, and you can take photos. The museum is smaller than the park, but it is more interesting for some people. It is also more crowded on weekends.

The park is more relaxing, but the museum is more educational.

Both places are nice, and you can enjoy different activities in each one.

Which place do you prefer?

Track 28

Match the words with the pictures. Listen and check your answers.

1. go straight
2. turn left
3. turn right
4. stop
5. no parking
6. traffic lights
7. no cycling
8. give way

Track 29

Listen to the guidelines and fill in the blanks. Then listen again and check your answers.

"Hello, and welcome to Oakwood! To ensure everyone enjoys living here, please listen to these simple guidelines for community harmony.

First, keep our streets clean. Dispose of your trash only in the designated bins and don't leave bags on the sidewalk. If you have a dog, always carry waste bags and pick up after your pet immediately.

Regarding noise, respect our quiet hours between 10:00 PM and 7:00 AM. During these times, don't play loud music and keep your balcony conversations quiet.

When it comes to shared spaces, treat the park and playground with care. Don't litter in the grass. Also, be neighborly! Greet your neighbors when you see them and offer help if someone looks like they are struggling with heavy doors.

Finally, don't park in front of fire hydrants or block other people's driveways. Follow these rules to keep Oakwood a happy place for everyone. Thank you!"

Track 30

Complete the text with the words (Finally / Then / After that / First).

Paint Our Park

Welcome to the "Paint Our Park" event! To ensure the mural is finished beautifully and safely, all volunteers must follow this specific order of operations.

First, check in at the registration desk to receive your volunteer badge and a map of the wall sections. Then, collect your primary supplies—brushes, rollers, and one bucket of base paint—from the blue supply tent.

After that, find your assigned section on the wall and begin applying the background color. Make sure to stay within the lines! Once the background is dry, you can add the community symbols.

Finally, wash your brushes in the designated cleaning station and return all unused paint to the tent. Thank you for making our community more colorful!

Track 31

Match the words with the pictures. Listen and check your answers.

1. cook together
2. play a sport
3. go for a walk
4. clean up a park
5. play board games
6. visit the library
7. work in a garden
8. have a picnic

Track 32

Read the following text. Then circle if the statement is true or false.

The Life of an Adventurer

My name is Marco, and I am seventy years old. People often ask me, "Have you ever lived a boring life?" My answer is always no. I have had many incredible experiences.

I have traveled to over fifty countries. I have seen the pyramids in Egypt and I have walked on the Great Wall of China. I have even flown in a hot air balloon over the Serengeti. It has been amazing!

Regarding food, I have eaten many strange things. I have tried insects in Thailand and I have tasted the spiciest peppers in Mexico. But I have never liked olives; I still think they are terrible!

In my personal life, I have met many famous people. I have written three books about my adventures, and thousands of people have read them. My wife and I have been married for forty years, and we have shared every journey together. Life has been a great gift.

Track 33

Listen and write 5 activities that Sofia has done in her life. Then listen again and check your answers.

Hello! My name is Sofia, and I love learning about the world. I have already done many interesting things, but I still have big dreams for the future.

I have attended a science fair at my school, and I have participated in a debate competition. I have visited museums in different cities, and I have learned about ancient civilizations and famous artists. I have also watched a live orchestra perform classical music, and I have taken part in a cultural festival where I shared traditions from my community.

I have read books by important writers from different countries, and I have studied basic phrases in another language. These experiences have helped me grow as a student and as a person.

However, there are still many things on my bucket list. I have not visited a world-famous university yet, but I want to explore one someday. I also want to attend an international book fair, join a student exchange program, and visit historical places like ancient ruins and famous libraries.

I have learned many things, but I know there is still so much more to discover. My bucket list is full of dreams, and I am excited to make them come true someday.

Track 34

Match the words with the pictures. Listen and check your answers.

1. play cards
2. hang out
3. ride a bike
4. eat together
5. watch a movie
6. take photos
7. play board games
8. go shopping

Track 35

Read the text and answer the questions.

Family Fun Time

The López family has enjoyed many leisure activities together this month. They have visited a beautiful park near their town, and they have had a picnic under the trees. The children have played board games, and their parents have cooked delicious sandwiches for everyone. They have also cleaned a small area of the park to help the environment.

However, they haven't gone camping yet, and they haven't tried fishing as a family. One day, the children ask, "Have we ever visited the new museum in town?" Their mother answers, "No, we haven't, but we have planned a trip for next weekend." Later, the father asks, "Have you enjoyed our family activities this month?" The children smile and say, "Yes, we have, and we have made wonderful memories together. Thanks dad."

Track 36

Listen carefully to the interview and complete the sentences with the missing words. Then listen again and check your answers.

Interviewer: Welcome, Avril! It's great to have you here today. You have inspired millions of people around the world with your music. Have you always wanted to be a singer?

Avril: Thank you! Yes, I have loved music since I was a child. I have written songs for many years, and I have worked very hard to follow my dreams

Interviewer: That's amazing. You have traveled to many countries. Which places have you visited that you enjoyed the most?

Avril: I have visited many beautiful places, but I especially love visiting different countries in Latin America. I have met wonderful people there.

Interviewer: You have also helped many children through your charity work. What projects have you started?

Avril: I have created schools for children, and I have supported education programs. However, I haven't finished all my goals yet because there is still much to do.

Interviewer: One last question—Have you ever thought about doing something different from music?

Avril: I have considered many ideas, but I haven't chosen another career. Music has always been my passion.

Interviewer: Thank you for sharing your experiences with us.

Avril: Thank you. I have enjoyed this interview very much.

Track 37

Match the words with the pictures. Listen and check your answers.

- | | | |
|-----------|--------|--------|
| 1. begin | began | begun |
| 2. break | broke | broken |
| 3. choose | chose | chosen |
| 4. do | did | done |
| 5. drink | drank | drunk |
| 6. make | made | made |
| 7. meet | met | met |
| 8. teach | taught | taught |
| 9. see | saw | seen |
| 10. cut | cut | cut |

Track 38

Read the following text and answer if the statements are True (T) or False (F).

A Life of Music

My name is Marco and I am a professional guitarist. I have had a very interesting life because of my job. I have traveled to many different countries, but I think South America is my favorite place.

I went to Brazil for the first time in 2018. It was an incredible trip. I played three concerts in Rio de Janeiro and I met many wonderful people. During that trip, I ate traditional feijoada, which was delicious!

I have also played my music for some very famous people. Once, I played for the Queen of England at a special event. That happened five years ago. I was very nervous, but she smiled at me after the show.

I have never been to Australia, and I haven't visited Asia yet. However, I just bought a ticket for a tour in Japan next month! I have already started practicing my songs for the Japanese fans. I have seen many beautiful things in my life, but I am always ready for a new adventure.

Track 39

Listen to the conversation and decide if the statements are True or False. Then listen again and check your answers.

Interviewer: Sofia, you have such an exciting life! Tell us, have you ever traveled to Asia?

Sofia: Yes, I have been to Asia many times. It is my favorite continent! Actually, I went to Japan last year with my sister. We spent two weeks in Tokyo and it was amazing.

Interviewer: That sounds wonderful. Have you ever tried any extreme sports during your trips?

Sofia: Well, I have tried scuba diving once, but I didn't like it very much because the water was too cold. However, I have never tried skydiving! I am too scared.

Interviewer: And what about famous people? Have you ever met someone famous?

Sofia: Yes! I have met a few famous actors. Two years ago, I saw Brad Pitt in a café in Los Angeles. I didn't speak to him because I was too nervous, but I took a photo of my coffee cup near his table! It was the best day of my life.



Track 40

Augmented Reality

Hello everyone! Welcome to our city tour. My name is Alex, and I am your guide today.

This morning, I started the tour at the main square. I met a small group of tourists, and we walked together. The weather was nice, and the streets were busy.

First, we visited the old church. It was very beautiful. People built it many years ago. Inside, we saw paintings and old decorations. The group liked the church very much.

Then, we walked to the city hall. It was big and important. In the past, leaders worked there and made important decisions. The tourists asked many questions, and I answered all of them.

After that, we visited a small market. The people sold food, clothes, and handmade products. The group tried traditional food and bought souvenirs. They enjoyed the market a lot.

Later, we walked to a museum. We learned about the history of the city. We saw photos, objects, and old maps. The tourists listened carefully and took notes.

At the end of the tour, we returned to the main square. The group thanked me, and I said goodbye. It was a very good day.

Thank you for joining the tour today!

